

Skin Health  
Patient Profile



Date \_\_\_\_\_  
Last Name \_\_\_\_\_ First Name \_\_\_\_\_ MI \_\_\_\_\_  
Age \_\_\_\_\_  
Seen for \_\_\_\_\_  
Allergies \_\_\_\_\_  
Medications \_\_\_\_\_

Smoker \_\_\_\_\_ Surgery History \_\_\_\_\_  
Medical History \_\_\_\_\_  
Nutritional Status \_\_\_\_\_  
Exercise Status \_\_\_\_\_

Accutane: \_\_\_ No \_\_\_ Yes—Date Tx \_\_\_\_\_ Dose \_\_\_\_\_ Months Tx \_\_\_\_\_  
Treating Physician \_\_\_\_\_  
Retin-A: \_\_\_ No \_\_\_ Yes—RX Dosage \_\_\_\_\_ Strength % \_\_\_\_\_ How Long \_\_\_\_\_  
Hx of Herpes Simplex Virus: \_\_\_ No \_\_\_ Yes—Treated with \_\_\_\_\_

Hx of Skin Disorders \_\_\_\_\_  
Birth Control Pills/Patch or other methods: \_\_\_ No \_\_\_ Yes \_\_\_\_\_ LMP \_\_\_\_\_  
Considering Pregnancy: \_\_\_ No \_\_\_ Yes \_\_\_\_\_ Lactation: \_\_\_ No \_\_\_ Yes \_\_\_\_\_  
Lesions \_\_\_\_\_ Changes to Lesions (if any) \_\_\_\_\_

Hair Removal: \_\_\_ No \_\_\_ Yes Wax \_\_\_\_\_ Laser \_\_\_\_\_ Electrolysis \_\_\_\_\_  
Creams \_\_\_\_\_ Tweeze \_\_\_\_\_ Areas \_\_\_\_\_

Permanent Make-up: Area \_\_\_\_\_  
Previous resurfacing: \_\_\_ No \_\_\_ Yes—Date last tx \_\_\_\_\_  
CO2 \_\_\_\_\_ Erbium \_\_\_\_\_ Dermabrasion \_\_\_\_\_ Chemical Peel \_\_\_\_\_  
Microdermabrasion \_\_\_\_\_ Acid Peel \_\_\_\_\_

Current Home Skin Care Products \_\_\_\_\_  
Make-up used \_\_\_\_\_  
Sunscreen/Sunblock use: \_\_\_ No \_\_\_ Yes \_\_\_\_\_ SPF \_\_\_\_\_

**Areas of Concern (examination of areas)**

Skin type: Fitzpatrick Classification \_\_\_\_\_ Burns \_\_\_\_\_ Tans \_\_\_\_\_  
Skin thickness: Thin \_\_\_\_\_ Medium \_\_\_\_\_ Thick \_\_\_\_\_  
Lines/Wrinkles/Depressions \_\_\_\_\_ Skin texture \_\_\_\_\_  
Skin elasticity \_\_\_\_\_ Hyperpigmentation \_\_\_\_\_  
Acne Scars \_\_\_\_\_ Enlarged Pores \_\_\_\_\_  
Acne: (Papules, Pustules, whiteheads, blackheads)# \_\_\_\_\_  
Skin Analysis: Oily \_\_\_\_\_ Dry \_\_\_\_\_ Normal \_\_\_\_\_ Combination \_\_\_\_\_  
Skin Color: Caucasian African American Hispanic Indian Asian  
Other \_\_\_\_\_

Signature: Dr. Phillip Langsdon \_\_\_\_\_ Date \_\_\_\_\_

### Fitzpatrick Classification System

Ask your clients what happens to their skin when it's exposed to the sun. Then note their Fitzpatrick Classification according to the following system. This information can be helpful in determining which patients are likely to do well with chemical peeling and which are at greater risk for hyperpigmentation problems. Fitzpatrick skin types I-III almost never develop post-inflammatory hyperpigmentation. Skin types IV-VI are at higher risk.

<b>Skin Type</b>	<b>Skin Color</b>	<b>Characteristics</b>
I	White	Always burns Never tans
II	White	Usually burns Tans less than average
III	White	Sometimes mild burn Tans about average
IV	White	Rarely burns Tans above average
V	Brown	Rarely burns Tans profusely
VI	Black	Never burns Deep pigmentation

